



## Interested in how sound can affect your learning during sleep?

### We have a study for you!

Researchers at Concordia University (Loyola Campus) are looking for volunteers for a research project investigating the effects of sleep on learning.

The testing session involves using an electroencephalogram (EEG) to record the electrical activity of the brain while performing a cognitive task and during a nap.

#### Volunteers **must be**:

- Aged either between 60 and 75
- Right-handed
- In good overall health
- Have consistent sleep habits
- Have less than two years of formal musical training

#### Volunteers **must not be**:

- Pregnant or Nursing
- Taking medications or drugs that alter sleep or wakefulness

If you are interested in participating or are unsure if you meet one criterion, please contact us for more details at:

**[coffeylabconcordia@gmail.com](mailto:coffeylabconcordia@gmail.com)**

Volunteers will be compensated for their time.



CL:ASP

COFFEY LAB: AUDITION, SLEEP & PLASTICITY